

YOUR CAR

Winter is here. What's in your trunk?

Spare tire, check. Jack, of course. But kitty litter? It's one of six things you can keep in the trunk of your car to help cope with a bad-weather breakdown.

- 1. CHANGE OF CLOTHES** Socks, gloves, hats, long johns—the warmer the better. Got an old pair of clodhoppers? Throw those back there, too.
- 2. CAT LITTER** A few handfuls around each tire help with traction if your car gets stuck in snow or ice. Nonclumping kitty litter works best.
- 3. FOOD AND WATER** A gallon of water and packages of high-calorie dried foods, such as energy bars, will hold you until help arrives.
- 4. EMERGENCY KIT** The AAA Road Explorer* comes with a flashlight, batteries, a utility knife, bungee cords, a first-aid kit, and more.
- 5. BLANKET** Thick wool or one of those shiny plastic space blankets* will do, but so will a trash bag. It's cheap and waterproof and traps body heat.
- 6. COLLAPSIBLE SHOVEL** Time to dig? This handy tool can fold down to about 10 inches.



REMEMBER If you break down in a remote area, it's best to stay with your vehicle. "We set out looking for the car first," says Lt. Pat Rowland, director of search and rescue operations in Jackson County, Ore., site of the Kim family tragedy last winter.

➤➤ **Members receive a discount on these items at the AAA Travel Store. For the location nearest you, call (888) 386-5386.*